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題目 (Title):

學校本位物理治療服務：預測理想和實際嵌入服務之落差

School-Based Physical Therapy Services: Predicting the Gap Between Ideal and Actual Embedded Services.

摘要中文翻譯**目的：**

確認在嵌入式學校本位物理治療服務中的那些變異因素可預測理想和實際執行服務的差距。

方法：

請學校本位物理治療師以線上問卷的方式，估計理想與實際嵌入式物理治療服務的差距。預測模型則用於確定失能、介入、目標、家庭、老師、工作負荷量、收費方式，和/或治療師是簽約或受雇等項目是否可預測估計理想與實際運作的差距。

結果：

410位參與者的填寫資料顯示學生失能的嚴重度、收費方式、治療師為簽約或受雇，及家庭的偏好，可預測估計的理想和實際服務的差距。實際運作則因區域、是否為美國物理治療學會會員及兒童物理治療學院會員有所不同。

結論：

我們的模型預測估計的理想與實際嵌入式學校本位物理治療服務的差距。儘管四個變異因素(失能的嚴重度、收費方式、治療師為簽約或受雇，及家長的偏好)可預測兩者間的差距，但需要進一步研究以開發實際運作的預測模型，以供學校本位物理治療實務參考。

Original Abstract

PURPOSE:

To ascertain the variables predicting the gap between ideal and actual practice in embedding school-based physical therapy services.

METHODS:

School-based physical therapists completed an online survey estimating ideal and actual practice of embedding physical therapy services. Predictive modeling was used to determine whether disability, interventions, goals, families, teachers, workload, billing, and/or contracts predicted the gap between estimated ideal and actual practice.

RESULTS:

Data from 410 participants revealed that severity of students' disability, billing, written contracts, and families' preferences predicted the gap between estimated ideal and actual services. Actual practice varied based on region, APTA membership, and Academy of Pediatric Physical Therapy membership.

CONCLUSIONS:

Our model predicts the gap between estimates of ideally and actually embedding school-based physical therapy services. While 4 variables predicted the gap, further research is needed to develop a predictive model of actual practice to inform school-based physical therapy practice.

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