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題目 (Title):

影響家長對於先天性斜頸的介入計劃之順應堅持性的因素

(Factors Affecting Parental Adherence to an Intervention Program for Congenital Torticollis)

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目的 (Purpose):

藉由一個先天性斜頸的介入計劃探討影響家長順應堅持性的因素

(Identify factors related to parental adherence to an intervention program for congenital torticollis.)

方法 (Methods):

研究對象為六十五位被轉介接受物理治療嬰兒的母親。使用問卷來評量母親對於健康照顧方式的態度，對治療師滿意度和信賴感，對治療可靠性的期望和信念，和母親對於斜頸的嚴重程度之觀感和潛在影響嬰兒未來功能的治療效果之因子。對介入計劃的順應堅持性量測包括出席率、治療運動執行服從性，以及治療終止的原因。

(Sixty-five mothers of infants referred to physical therapy served as subjects.

Attitudes toward health care styles, satisfaction with and trust in the therapist, expectations and belief in treatment credibility, and maternal perceptions of the

severity of the torticollis and the potential effect of treatment on the infant's future function were measured with questionnaires. Adherence was measured by attendance, exercise compliance, and reason for treatment termination.)

結果 (Results):

介入計劃順應堅持性與母親對於斜頸的嚴重程度觀感以及介入計劃對於嬰兒的未來功能的重要性有關($p = .005$)。問卷中所評量的自變項與介入計劃順應堅持性沒有顯著相關。

(Adherence correlated with maternal perceptions of the severity of the functional effect of the torticollis and the importance of the intervention program on future function ($P = .005$). The independent variables assessed by the questionnaires were not significantly correlated to adherence.)

結論 (Conclusions):

僅有母親對於斜頸影響其嬰兒活動之觀感和計劃對嬰兒未來功能的重要性可預測介入計劃順應堅持性。

(Maternal perceptions of the effect of torticollis on her infant's activities and the program's importance for the infant's future function were the only predictors of adherence.)

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