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題目 (Title):

兒童物理治療師使用先天性肌肉斜頸臨床執業指引:一個質性執行研究

Pediatric Physical Therapists' Use of the Congenital Muscular Torticollis Clinical Practice Guidelines: A Qualitative Implementation Study.

摘要中文翻譯**目的：**

本研究為之前參與兒童物理治療師應用2013先天性肌肉斜頸臨床執業指引之感受的量化問卷調查的追蹤研究。

方法：

進行半結構化之質性電話訪查，訪談問題著重在指引如何影響執業、使用指引的促進與阻礙因素、以及知識轉譯活動。

結果：

13位來自不同執業環境的兒童物理治療師參與。對於先天性肌肉斜頸臨床執業指引之正向感受包括流程表的使用、整合文獻於單一位置、檢查與介入方法的效度確證。負向感受包含指引長度和未納入無公開證據的介入方法。三項主題被指出:執業的知識與證據、臨床教育、以及臨床執業指引架構和影響執業的組成。

結論：

先天性肌肉斜頸臨床執業指引提供一些好處。本研究也提供進一步加強和發展之建議。

Original Abstract

PURPOSE:

This study is a follow-up to the quantitative survey to examine the perceptions of pediatric physical therapists (PTs) on the application of the 2013 Congenital Muscular Torticollis Clinical Practice Guideline (CMT CPG).

METHOD:

Qualitative semi-structured telephone interviews were completed. Interview questions focused on how the guidelines influenced practice, facilitators and barriers to implementation, and knowledge translation activities.

RESULTS:

Thirteen pediatric PTs from a variety of practice settings participated. Positive perceptions about the CMT CPG included the use of flow charts, synthesized literature in one place, and validation of examination and intervention approaches. Negative perceptions included its length and that approaches without published evidence were not addressed. Three major themes were identified: knowledge and evidence for practice, education of clinicians, and the CPG structure and components that influenced practice.

CONCLUSIONS:

The CMT CPG provided a number of benefits. Recommendations for future enhancement and development are provided.

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