

原作者及出處 (Original):

Kirker K, Masaracchio M, Freeland M.

Pediatr Phys Ther. 2019;31(2):E1-E7. doi: 10.1097/PEP.0000000000000603.

翻譯者 (Translator):

羅鴻基

陽明大學物理治療暨輔助科技學系助理教授，臺北，臺灣

校閱者 (Reviewer):

劉文瑜

長庚大學物理治療學系副教授，桃園，臺灣

題目 (Title):

一位四歲股骨動脈瘤性骨囊腫個案之檢查與處置：個案報告

Examination and Management of a 4-Year-Old Following a Femoral Aneurysmal Bone Cyst: A Case Report.

摘要中文翻譯**目的：**

文獻缺少有關移除動脈瘤性骨囊腫(aneurysmal bone cysts, ABCs)術後的復健建議。此個案報告描述有關一位四歲股骨ABCs個案於手術固定後回復到其年齡適配功能性活動的復健過程，著重於缺乏明確治療規則可循時的臨床決策。

重點摘要：

此兒童在關節活動度、肌力、平衡、轉位、步態、爬樓梯、以及第二版粗動作發展測試之百分等級均有改善。

結論：

這是一個四歲ABC女童(GP)手術固定後的成功治療成效案例。

臨床實務建議：

此個案報告填補了目前缺少的文獻，著重於臨床決策以及針對個案(GP)功能性目標的達成。以目標引導方式並融入國際健康功能與分類系統的主要要素促使因ABC導致股骨骨折，在接受手術固定後個案成功地回復到年齡適配的功能性活動。

Original Abstract

PURPOSE:

The literature lacks recommendations for postoperative rehabilitation following removal of aneurysmal bone cysts (ABCs). This case report describes the rehabilitation with return to age-appropriate functional activities for a 4-year-old following surgical fixation of a femoral ABC, with emphasis on clinical decision-making in the absence of definitive treatment algorithms.

SUMMARY OF KEY POINTS:

The child improved in range of motion, strength, balance, transfers, gait, stair negotiation, and percentile rank on the Test of Gross Motor Development 2.

CONCLUSION:

This case is successful outcomes of a 4-year-old girl (GP) following surgical fixation for an ABC.

RECOMMENDATIONS FOR CLINICAL PRACTICE:

This case fills a current void in the literature emphasizing clinical decision-making and attainment of GP-specific functional goals. A goal-driven approach incorporating key elements of the International Classification of Function model resulted in successful return to age-appropriate activity following surgical fixation of a femoral fracture due to an ABC.

Lippincott Williams & Wilkins, a business of Wolters Kluwer Health and its affiliates take no responsibility for the accuracy of the translation from the published English original and are not liable for any errors which may occur.

威科集團醫療衛生業務部門之一：Lippincott Williams & Wilkins，及威科集團醫療衛生業務部門的其他附屬機構不承擔因從英文原文翻譯的準確性而導致的任何責任，也不承擔由於翻譯錯誤而導致的任何法律責任。