

**原作者及出處 (Original):**

Huegel M(1), Kenyon LK.

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**翻譯者 (Translator):**

黃瓊慧

臺灣大學附設醫院雲林分院物理治療師，雲林，臺灣

**校閱者 (Reviewer):**

康琳茹

長庚大學醫學院早期療育研究所副教授，桃園，臺灣

**題目 (Title):**

先天性肌肉斜頸臨床實作指引的應用：個案報告。

Application of the Clinical Practice Guideline for Congenital Muscular Torticollis: A Case Report.

**摘要中文翻譯****目的：**

本個案報告說明先天性肌肉斜頸臨床實作指引在兒童門診中心的應用。

**個案敘述：**

個案是名兩個月大有先天性肌肉斜頸的嬰兒，對於個案，臨床實作指引裡16個活動敘述的每個應用有詳細說明。

**結果**

所有預期的成效皆於十六週裡的11次介入達成。

**此個案增加了什麼：**

本個案說明臨床實作指引的應用，以及如何在增加治療師過度時間負擔的情形下進行每一個活動。本個案的成效造成整個中心改變成更適用的臨床程序，來增加符合臨床實作指引的一致性。

## **Original Abstract**

### **PURPOSE:**

This case report illustrates application of the Clinical Practice Guideline for Congenital Muscular Torticollis in a pediatric outpatient facility.

### **DESCRIPTIONS:**

The infant was a 2-month-old baby presenting with congenital muscular torticollis. Application of each of the 16 action statements outlined in the Clinical Practice Guideline is detailed as related to the case.

### **OUTCOMES:**

All desired outcomes were achieved within 11 intervention sessions over a 16-week period.

### **WHAT THIS CASE ADDS:**

This case illustrates application of the Clinical Practice Guideline and exemplifies how each action statement can be addressed without placing an undue time burden upon the therapist. The case resulted in changes to facility-wide clinical procedures to increase consistency of care as outlined in the Clinical Practice Guideline.

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