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題目 (Title):

針對罹患腦性麻痺或有風險的嬰幼兒的早期介入服務

Early Intervention Therapy Services for Infants With or at Risk for Cerebral Palsy.

摘要中文翻譯**目的：**

本研究的目的是要探討針對罹患腦性麻痺或有風險的嬰幼兒之早期療育裡所提供的物理治療及職能治療服務。

方法：

使用線上不具名的連結全國性地調查早期療育提供者。

結果：

共有269位治療師完成至少50%的調查問卷。4%治療師使用整體動作評估(General Movement Assessment)來預測腦性麻痺，57%回報有腦性麻痺風險的嬰幼兒接受一週一次的治療，89%在客制化早期療育計劃時以父母的目標為最重要因子，75%提供父母居家活動計畫。然而，有73%從未或甚少使用結果測量來排序父母的目標，31%提供給父母個別化的居家活動計畫，而超過60%從來沒有評估環境的豐富度。

結論：

治療師未使用足夠的策略在目標導向的介入、全面性的親職教育以及最佳的環境豐富度。

Original Abstract

OBJECTIVE:

The purpose of this study was to explore the practices physical therapists and occupational therapists use in early intervention (EI) for infants with or at risk for cerebral palsy (CP).

METHODS:

A survey was disseminated nationally to EI providers using an online anonymous link.

RESULTS:

Two hundred sixty-nine therapists completed at least 50% of the survey. Four percent of therapists use the General Movement Assessment to predict CP, 57% reported infants at risk for CP receive therapy once a week, 89% identified parents' goals as the most important factor in customizing the EI program, and 75% provide parents with home programs. However, 73% never or rarely use outcome measures to prioritize parents' goals; 31% provide parents with individualized home program and more than 60% never assess environmental enrichment.

CONCLUSION:

Therapists do not incorporate sufficient strategies for goal-oriented interventions, comprehensive parent education, and optimum environmental enrichment.

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