

原作者及出處 (Original):

Bailes AF, Strenk ML, Quatman-Yates C, Hobart J, Furnier A.

Pediatr Phys Ther. 2019 Jul;31(3):234-241. doi: 10.1097/PEP.0000000000000614.

翻譯者 (Translator):

劉妍羚

新光醫院物理治療師，臺北，臺灣

校閱者 (Reviewer):

康琳茹

長庚大學早期療育研究所副教授，桃園，臺灣

題目 (Title):

腦性麻痺個案的物理治療劑量紀錄：品質改進計劃

Documenting Physical Therapy Dose for Individuals With Cerebral Palsy: A Quality Improvement Initiative.

摘要中文翻譯**目的：**

描述用於改善腦性麻痺個案物理治療劑量紀錄的品質改進活動，並討論從該計畫所獲得的見解。

方法：

在2017年1月至2018年2月期間，使用計劃-執行-研究-行動(Plan-Do-Study-Act)循環建立全面和明智的目標，並對介入進行測試。使用趨勢及控制圖追蹤隨著時間推移的表現。

結果：

品質改進計畫使電子病歷中呈現劑量元素的百分比持續增加，從78%增加到94%。改善的主要驅動因素包括(1)對劑量的知識和認知、(2)臨床人員認同、(3)兒童和父母的有效參與、(4)治療師對實證治療的知識、(5)透明和可靠的紀錄系統、與(6)審核和臨床人員的回饋。

結論：

品質改進方法提供了改善對腦性麻痺個案的工作流程和增加劑量紀錄的工具。

Original Abstract

PURPOSE:

To describe the quality improvement (QI) activities used to improve treatment dose documentation for individuals with cerebral palsy (CP) and to discuss insights gained from this project.

METHODS:

Global and smart aims were established and interventions were tested from January 2017 through February 2018 using Plan-Do-Study-Act cycles. Performance was tracked overtime using run and control charts.

RESULTS:

The QI initiative resulted in a sustainable increase in percentage of dose elements present in the electronic medical record from 78% to 94%. Key drivers of improvement included (1) knowledge and awareness of dose, (2) clinician buy-in, (3) effective engagement of child and parent, (4) therapist knowledge of evidence-based treatments, (5) transparent and reliable documentation system, and (6) audit and clinician feedback.

CONCLUSIONS:

QI methods provided the tools to improve workflow and increase dose documentation for individuals with CP.

Lippincott Williams & Wilkins, a business of Wolters Kluwer Health and its affiliates take no responsibility for the accuracy of the translation from the published English original and are not liable for any errors which may occur.

威科集團醫療衛生業務部門之一：Lippincott Williams & Wilkins，及威科集團醫療衛生業務部門的其他附屬機構不承擔因從英文原文翻譯的準確性而導致的任何責任，也不承擔由於翻譯錯誤而導致的任何法律責任。